

# Shield and Bow

2018



Honoured maiden huntress, Artemis, Artemis,  
New Moon, come to us.  
Silver shining wheel of radiance, radiance,  
Mother, come to us.  
Honoured queen of wisdom, Hecate, Hecate,  
Old One, come to us.

## Welcome to the first gathering for Shield and Bow!

We are so excited to have you here and for the opportunity to manifest a weekend for the community that explores womanhood. It is our hope that you will forge new connections, strengthen existing bonds and challenge yourself while having fun.

The event is completely volunteer driven from members of the sisters of the hunt and we would like to extend a huge thank you to everyone who's stepped forward. Hail the sisters!!

The Trials of Artemis mean many things to different people. For some, it is a day long event at the Kaleidoscope Gathering; while for others, it is an experience that changes their life. Shield and Bow is our attempt to bring some of that wide-ranging experience forward and to the broader community. Every workshop/event being offered here is a different facet or interpretation of how we view womanhood as sisters of the hunt and we warmly welcome your presence here this weekend.

By the Sisters for their sisters!

## Friday

<u>Time</u>	<u>Event/Workshop</u>	<u>Location</u>	<u>Host</u>
4:00	<b>Registration Opens</b>	<b>Chez Myst</b>	<b>Myst</b>
	Register, pay and pick up your program. Remember that the site is cash only. Please wear your entry bracelet		
7:00	<b>Meet and Greet</b>	<b>Keystone</b>	<b>Allison</b>
	Come on out and meet your fellow sisters and event organizers while enjoying some food and drink! We'll introduce the land, event volunteers and exchange a hug (or two). Finger food and non-alcoholic drinks will be provided but please bring your own dinnerware.		
8:00	<b>Veil Making Workshop</b>	<b>Keystone</b>	<b>Pegacorn</b>
	In this workshop, we will be creating veils for the evenings ritual that explore aspects of our inner psyche that we wish to shed. Materials will be provided and you must attend this workshop if you wish to participate in the ritual.		
9:00	<b>The Raw Beginning (ritual)</b>	<b>Keystone</b>	<b>Pegacorn</b>
	In order to excel to a point where we may blossom or shine into the beautiful people we are, we must first shake the old dead "foliage" that lingers around us still. Come to this ritual with an open mind, open heart and allow yourself to feel, be vulnerable and to reflect. Let's start the hunt where it truly begins...with you.		
After Ritual	<b>Drumming and Dancing</b>	<b>Keystone</b>	<b>Folk</b>
	We have ritually shed or brought to light some of our old baggage and it's time to celebrate!!! Bring your energy, drums and noise makers as we celebrate each other and ourselves around the fire.		

## Saturday

<u>Time</u>	<u>Event/Workshop</u>	<u>Location</u>	<u>Host</u>
9:30	<b>Know Your Knoll</b> We invite you to morning coffee and a walking tour. Come for a stroll and learn the land. Discover the locations that make this place our home. See the shrine trail! Meet a river! Take a trip down yellow brick road over by a rainbow! (sponsored by the "42 Better Business District" & The College of Forestry")	<b>Keystone</b>	<b>Chrissy</b>
10:00	<b>Morning Meditation</b> Come on out and meet your fellow sisters and event organizers while enjoying some food and drink! We'll introduce the land, event volunteers and exchange a hug (or two). Finger food and non-alcoholic drinks will be provided but please bring your own dinnerware.	<b>Beach</b>	<b>Michelle</b>
11:00-2:00	<b>Shrine Maintenance</b> A place where many sisters have dug their hands into the earth and worked together to create, the Huntress shrine is our physical representation of what the Huntress and sisters mean. Whether you stay for 5 mins or the entire time, all assistance is welcomed and appreciated to help maintain our shrine	<b>Huntress Shrine</b>	<b>Pegacorn</b>
11:30	<b>Boffo Sword Making</b> Come and learn how to make your very own Boffo Sword! These swords are made from foam and will be used in the evenings warrior's circle. <i>Please note that a \$10 material fee is attached to this workshop</i>	<b>Keystone</b>	<b>Allison</b>

## (Saturday Cont'd)

1:00-2:00	<b>Archery</b> Discover your inner Huntress with this archery workshop! We will head out to the field to test our skills and discover who amongst us is an archer. No experience is necessary and participants are welcome to bring their own equipment but bows/arrows will also be provided.	<b>Archery Field</b>	<b>Marie-Claire</b>
2:00-3:00	<b>Knife Throwing</b> Directly following archery, we will switch gears and try our hand (but not lose them) at knife throwing. Participants will be coached in technique, play a tournament and if time allows, have a championship round. All equipment will be provided.	<b>Archery Field</b>	<b>Marie-Claire</b>
3:00-4:30	<b>Djembe Drumming</b> The djembe fascinates and inspires many in our communities. What many don't know is the rich history that comes with this West African drum. In this workshop we will explore and understand WHY we drum.	<b>Keystone</b>	<b>Terrie</b>
4:30	<b>Altar/Hall Set up</b> For this evenings potluck feast, we will be setting up our table to reflect the many representations and manifestations of womanhood. Whether you are spiritual or atheist, we ask everyone participating to bring something that represents womanhood to you to contribute to the table.	<b>Keystone</b>	<b>Folk</b>

(Saturday Cont'd)

- 6:00      **Potluck Feast Setup**      **Keystone**      **Folk**  
This is the time to prepare for the feast. Get your dishes ready and come prepared with dinnerware, cutlery and offerings for the Goddesses.
- 6:30-8:00      **Feast of the Goddesses (Potluck)**      **Keystone**      **Folk**  
Join us as we enjoy our fellow sisters company and feast in honour of the Goddesses that we know, love and are. This is a joyful celebration of womanhood and speakers will be presenting throughout the dinner about different representations of womanhood and the Goddesses.
- 8:00-8:30      **Feast Cleanup**      **Keystone**      **Folk**  
Now that we're full in mind and body, it's time to clean up! Please help us keep bears out of the Knoll by helping with cleanup and remember to bring your dishes and cutlery home.
- 8:50      **Warrior's Circle Procession**      **Standing Stone**      **Folk**  
Meet at the Standing stone for a procession with your sisters to the drumming pit. Why? Because it's fun!!! Bring your drums, yelling voices and enthusiasm.

(Saturday Cont'd)

- 9:00      **Warrior's Circle, Drumming and Dancing**      **Main Pit Folk**  
The time has come to celebrate, drum and fight! Bring your drumming skills and boffo swords so that we may have a warrior's circle around the fire. Will you win the warrior's circle and raise the Golden Boffo sword? Come and test your skills against your fellow sisters and find out. Participation is not required and no experience is necessary. **All swords MUST be approved by the host.** This fire will continue into the evening.

## Sunday

<u>Time</u>	<u>Event/Workshop</u>	<u>Location</u>	<u>Host</u>
9:30	<b>Leftovers Breakfast</b> Bring your leftovers and join us as we sit, chat and have breakfast together!	<b>Keystone</b>	<b>Folk</b>
11:00	<b>Clothing Swap</b> Are your closets and drawers filled with unused clothing? Do you love free stuff? Then this is the event for you! Bring your gently used/clean clothing and take	<b>Keystone</b>	<b>Mel</b>
11:30	<b>Marksmanship</b> In this workshop, we will introduce airguns and have a friendly round of target practice. These air guns are not high powered and therefore, not subject to the same licence and registration requirements as a conventional firearm. No experience or licensing is required but the host asks that you arrive sober and willing to follow all safety regulations.	<b>Archery Field</b>	<b>Allison</b>
12:00	<b>Community Fundraiser</b> It's fair to say that we are a community of pet owners, pet lovers, fur moms and dads. Many of us have opened our homes and hearts to our furry feline companions and they have become part of our families. This time of year though is hard for many cat rescues as it's kitten season and often they are badly in need of donations and supplies. I'm organizing a drive and drop off point for some of the supplies badly needed this time of year for many of the Ottawa rescues. This includes: Cat food (dry/wet, all brands, and open bags are accepted as well) Cat litter (clay clumping, clay non-clumping, wheat	<b>Keystone</b>	<b>Mel</b>

## (Sunday Cont'd)

	based, paper pellets) New/clean litter boxes Gently used scratching posts Cleaning/disinfecting products Kitten Formula - Soft Baby Wash Cloths Small Heating Pads Cat Treats Non-tippable shallow food bowls Small Fleece Blankets Kitten Feeding Bottles - Replacement Nipples Cat Collars/Leashes. Thank you for any and all donations.		
2:00	<b>Community Gathering</b> As we prepare to say goodbye to each other, we would first like to hear what you liked, didn't like or what you would like to see from Shield and Bow in the future. Join us as we discuss the vision of where the event will go, thank the many volunteers and say our farewells	<b>Keystone</b>	<b>Allison</b>

THANK YOU EVERYONE FOR JOINING US!!! We hope to see you in August for the Trials of Artemis held Thursday August 2nd at the Kaleidoscope Gathering. If you haven't had a chance, find us on Facebook under Shield and Bow.

# Rules and Safety

1. All laws of Canada and the Province of Ontario apply to everyone at Shield and Bow.
2. Fees for leaving bags of garbage and recycling are: Garbage \$2/bag, \$1/bag for recycling, LCBO free.
3. No illegal substances, firearms or pyrotechnics are allowed.
4. If you put the safety or well-being of others at risk, creating a hazard to the site or a situation that could have a hazardous outcome, you will be asked to leave.
5. RK is a safe space. Sexually aggressive or inappropriate behaviour will not be tolerated.
6. No underage drinking of alcohol is permitted. The legal drinking age in Ontario is 19.
7. Children under the age of 16 are NOT permitted to attend the event.
8. Parents are responsible for their under-18 children at all times. Parents who do not, in the opinion of the organizers, exercise good parental care of their children will be asked to leave. Children under 10 must be supervised at all times.
9. No child under age 12 may be left unattended near ANY body of water on the site. Children MUST be supervised by an adult at the beaches. The swimming area is not supervised so you swim at your own risk. No swimming in the Sacred Well. No swimming at night.
10. Do not dig or create any additional fire pits or scavenge fire wood from Raven's Knoll property.
11. No glass bottles around the Main Drumming Fire Pit. Remember that dancers may be barefoot.
12. You can use your personal canoes and kayaks, but no motorized boats are allowed.

**14. Respect privacy. No video cameras, and do not photograph anyone, including people in the background, without their prior consent (even with a camera phone).** This includes rituals and group shots. Videos and unwelcome photos will be erased, and offenders may be asked to leave.

**15.** Smoking is strictly forbidden in all cabins, buildings and the children's area(s). You can smoke anywhere else on the site as long as you dispose of your cigarette butts in a fire-safe and environmentally-friendly way. (Use the butt cans provided).

**16.** There is no bathing, washing of clothes or dishes, etc. in the river or pond. (And definitely not in the Sacred Well.) Do not clean your dishes in the bathrooms or you will find yourself on bathroom duty!

**17.** You may be skyclad at the common fire pit at night and in your own campsite area. Be aware the river is public. Boats may occasionally pass by and neighbours do use the river in view of our beach area. In keeping with community standards, we ask that you respect the norms of the host/muggle community of which we are privileged to be a part, of and ask that everyone not be naked and women not be topless in the beach area. However, the pond is clothing optional. Nursing mothers may bare their breasts anywhere, of course.

**18.** Except at the discretion of Shield and Bow Staff, please do not use electrically amplified musical instruments, radios, car stereos, etc.

**19.** Respect our neighbours – stay on Raven's Knoll land.

20. This is a private gathering; the organizers and Stewards of the land have the right to enforce these rules. Anyone violating these rules shall be expelled without refund.